

4th July
 ★ **Happy** ★
Independence Day



The NEWSLETTER for
SENIOR COMPANIONS

July 2017

National Senior Corps Week 2017 was held May 15-19th. Nationwide there are more than 245,000 Senior Corps Volunteers. 74.6 Million Hours were served by Senior Corps Volunteers.

To celebrate, a group of **Senior Companions** in Kansas City delivered cookies to **Veterans in our Meals on Wheels** program through the Shepherd's Center of KC Central.



Mary Lewis, Carolyn Maddox, Vivian Ricks, Paul Frazier, Bob Bond



July Birthdays

Nancy Ellmaker	July 14th
Joyce Butts	July 16th
Nellie Calia	July 21st
Sandra Newson	July 27th
Sheila Williams	July 28th

The 2017 Senior Companion Volunteer Recognition was held Tuesday June 13th at the Central Presbyterian Church. Our theme was "**Summer Picnic**"! Our Special guests were **Dr. James Stowe from the MARC Area Agency on Aging and Margaret Garvey the CNCS State Officer for Missouri and Kansas**. They helped hand out the certificates and pins for nine of the Senior Companions that have volunteered the longest along with all of the 1, 5, 10, and 15 year Senior Companions.



Entertainment was provided by **Super Shots Photo Booth Fun** and the **Ernest James Zydeco Duo** with Barry "Washboard" Barnes. Lunch was catered by **KFC**. Gifts were provided by **Hallmark**.

Thanks to our **Advisory Council, Station Managers and other SCCCK affiliates** that helped with this year's celebration.



- Transportation
- Healthcare Services
- Food & Nutrition
- Caregiver Resources
- Personal Services
- Housing Options & Services
- Finance & Legal
- Wellness, Recreation & Education Programs



Linking you to services and transportation options in the Greater Kansas City Area.

LinkforCare.org connects you to your community. If you need further assistance finding a service, call 816-444-1122.





A *“Celebration of Life”* honoring Ms. Katie Mae Howlett was held Saturday May 13th at the Marlborough Community Center. Over 250 people attended including Family, Friends from Saint James, Gregg Tabernacle A.M.E. Church, The Post Office, IRS, Social Security Office and The Senior Companion Program

where Katie has been a volunteer for over eleven years, and has served over 10, 601 hours.



This is a little story about four people named “Everybody”, “Somebody”, “Anybody”, and “Nobody”

There was an important job to be done and “Everybody” was sure that “Somebody” would do it.

“Anybody” could have done it, but “Nobody” did it.

“Somebody” got angry about that because it was “Everybody’s” job.

“Everybody” thought that “Anybody” could do it, but “Nobody” realized that “Everybody” wouldn’t do it.

It ended up that “Everybody” blamed “Somebody” when “Nobody” did what “Anybody” could have done.



**No Smoking
On Church Property**



Smoking is not allowed
anywhere on church property.



**No Cell Phones
During Inservice**



During the In-service, all cell
phones are to be turned off and
put away.

During an official Inservice break,
you may use your cell phone

National Institute on Aging

If you are faced with making healthcare decisions for someone who is dying and no longer able to make his or her own decisions, ask the medical staff these 7 questions:

- What is the care plan? What are the benefits and risks?
 - How often should we reassess the care plan?
- If we try using the ventilator to help with breathing and decide to stop, how will that be done?
- If my family member is dying, why does he or she have to be connected to all those tubes and machines? Why do we need more tests?
 - What is the best way for our family to work with the care staff?
 - How will I make sure to get daily updates on my family member’s condition?

**Did you receive a Compliance Memo
in your Pay Envelope?**



You may have received a program compliance memo in your paycheck envelope regarding our request to receive a copy of your current driver’s license and/or auto insurance card, or income documentation; or we may have reminded you that your annual physical is either coming due or is overdue.

Please do not ignore any memo of this type. Get in touch with Bill or Bob if you have any questions regarding a compliance memo.

Remember—failure to address program compliance issues will put you in jeopardy of being dropped from the program.



**Reminder: Parking Restrictions
in the Church Parking Lot
are now effective**

On June 1st, the apartments on Armour began renting eleven parking spaces of the church parking lot at the South end. **Please note, the word “Reserved” is printed in white lettering on the pavement in front of each reserved space. If anyone parks in one of these spaces the apartment management (not the church) will have your car towed. No notices, no second chances.**

If there are any parking spaces available other than these reserved ones, you are welcome to use them. If not, you will have to park on the street.