



The NEWSLETTER for SENIOR COMPANIONS

October 2016

Patty Ryan - SC Superstar



Patty Ryan is one of our new Senior Companions. She heard about the program on the bus from a current Senior Companion and was interested enough to give me a call to inquire about the program. Ms. Ryan was born in Vicksburg, Mississippi. Later her family moved to Albion, Michigan. While in High School she became involved in a program called CO-OP through Sheldon

Memorial Hospital. She was 15 at the time and was encouraged by her typing teacher who's insight into what a helpful, dedicated and caring young woman she was, lead her to the CO-OP program and later nursing.

After High School she married and had two children. She put her family and children first during their formative years but her mother-in-law encouraged her to get her LPN at Jackson Community College. Over the years she attended Emporia State, Washburn and Grand Valley University in Michigan until she achieved her RN.

She enjoyed nursing for more than 45 years. Before and after retirement she suffered from poor health due to a respiratory illness. For more than two years she strove medically, physically and spiritually to regain good health and also a positive and productive outlook to all aspects of her life. She knew she must get back to her roots, caring for others.

When Ms. Ryan and I went through the wait list of people requesting assistance through the Senior Companion Program in her area she told me, "Bob just pick anyone who needs help". The family that she is working with was visibly worn out when we first visited them. They take care of their Mother 24/7 and desperately needed help. Patty Ryan has filled this void and has brought insight, knowledge and relief to all of them.

Our mission is to provide supportive individualized services to adults with physical, emotional or mental health limitations, especially older persons, in an effort to achieve and maintain their highest level of independent living.

- Bob Bond



October Birthdays

Barbara Bailey	October 10th
Betty Warren	October 14th
Pamela Strickland	October 19th

medicare

It's That Time of Year Again...

Medicare Part D Open Enrollment Period

October 15—December 7

If you would like to compare your current prescription drug coverage with the plans for 2017, or need help with enrollment, call our office.

We have two locations:

5200 Oak
(816) 444-1121
(ask for David)

3501 Campbell
(816) 753-7039
(ask for Joyce)

Walk-in Center at Oak location
M-F, 9 AM—3 PM.
No appointment needed.

Bring list of current medications,
current Part D card,
and Medicare card.

- Mandatory Senior Companion Annual Evaluations -



As part of the results of our Corporation for National and Community Service compliance visit we must have a current annual evaluation in each Senior Companion's file that will be reviewed by CNCS. In order to achieve this I must meet personally with each and everyone one of you. We can do this at the in-service or set up a time when you can come to the office at 3501 Campbell. This must be done by October 24, 2016.

I will also need you to complete the questionnaire that is in your monthly envelope to confirm how we are meeting the mission and goals of the Senior Companion Program with the clients we serve.

I thank you in advance for your cooperation with this obligation. It is not an option but part of the policy and procedure of CNCS in order to continue the Senior Companion Program in our area given the standards that have been set on a national level.

This is a wonderful program that has a proven history of allowing the populations we serve to remain living independently in their own homes. The time and efforts of each and every one of you make this possible.

Thank You,

Robert Bond
Senior Companion Program Manager
Shepherd's Center of KC Central
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Office: 3501 Campbell, KC, MO 64109
816-753-8400
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- No Kansas City Inservice in November -



Our building is being used as an election voting place on our regular Inservice day.

Checks can be picked up on Wednesday, November 9th, or we will mail it to you.

Got Paychecks?

For those attending the Kansas City and Lee's Summit November Inservices— your **October** timesheet must be received in our office NLT Friday, November 4th in order to be available at your Inservice.

- Any timesheets received after November 7th, will be processed in December.
- If you do not attend Inservice, your check will be mailed the following day (provided it is available).
- An incomplete timesheet will delay the processing of your check.

NEW POLICY:



CLOSE DATE for TIMESHEETS

Timesheets received after the close date for the month will be processed in the following month.

The close date for receiving your October timesheet is November 7th. Timesheets received after that date will be processed in December.

- DO NOT DELAY getting your timesheets to us -

**Missouri Low Income
Home Energy Assistance Program**



New Start Dates for 2016

- ♦ Households with a person who is disabled or age 60 or older: November 1st (Applications accepted beginning October 1st.)
- ♦ All other households: December 1st (Applications accepted beginning November 1st)

**Visit dss.mo.gov/fsd/liheap.htm
or call (855) 373-4636**