

## April Birthdays!

|                    |          |
|--------------------|----------|
| Mary Perkins       | April 2  |
| Stella Ethern      | April 6  |
| Rosetta Harlan     | April 15 |
| Geneva Coleman     | April 22 |
| Caroline Robinson  | April 26 |
| Debra President    | April 26 |
| Elaine Schornhorst | April 29 |
| Lavador Williams   | April 30 |



# The NEWSLETTER for **SENIOR COMPANIONS**

April 2016



## Spotlight on Tony Poke

*"The best and most beautiful things in the world cannot be seen or even touched - they must be felt with the heart." -- Helen Keller*

Letter from the family of one of our Senior Companion clients:

"I just wanted to take a minute to say thank you. Our Mother can sometimes be more than we can handle. Tony Poke is our Senior Companion and we can't say enough about her. She is a breath of fresh air. No matter what the situation is, Ms. Poke handles it with great care and compassion. We are not afraid to leave Mom in her care. She's always on time and comes in with a positive attitude."

Thank you Ms. Poke for all you do.

Tony Poke was born in Palestine, Arkansas near Memphis. She moved to the Kansas City area in 1963 and later attended Lincoln High School. In 1983 her sister convinced her to study certified nursing assistance at Spencer Career College. Upon graduation she worked in home health care both in nursing facilities, private duty and staffing for many years while raising two sons. She joined the Senior Companion Program three years ago and we are so glad she did.

Ms. Poke will undergo knee surgery later this month and we wish her a speedy recovery.



**Please mail your April timesheets no later than April 30<sup>th</sup>. April Timesheets received after Thursday, May 5<sup>th</sup> will not be processed in time for the Kansas City In-service on May 10<sup>th</sup>. They will be processed and mailed at a later date.  
Thanks!**

**Please keep these Senior Companions in your thoughts and prayers**

Rebecca Bennett

Tony Poke

Bessie Carson

Elaine Schornhorst

Lavador Williams

# The Shoebox Project

Look what  
*The Shoebox Project*  
can do for you



Our counselors will help you organize all your bills, forms and other papers.

Simple applications, legal, and county property tax forms  
Health insurance forms, notary services  
Organization of personal paperwork  
Education about Medicare, Medicaid benefits and nursing home information  
Budget and financial suggestions and referrals  
One-on-one confidential help  
Xtra help to sort what to keep and what to throw away

**NO COST  
TO YOU!**

**Walk In Center now open  
Wednesday & Thursday**

**9:00 AM to noon.**

**5200 Oak, KCMO 64112**

Other dates and times are available by appointment at either SCC locations:  
3501 Campbell or  
5200 Oak.

**This project is funded by a grant from the Missouri CLAIM program**

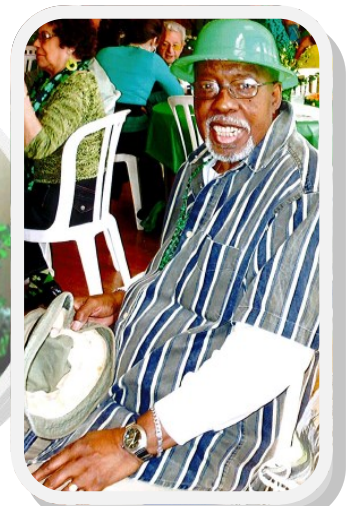


On April 5, 2016, Program Manager, Robert Bond, represented SCC Senior Companion Program at the Mayor's Recognition Day for National Service.

Bob presented KC Mayor, Sly James with an umbrella detailed with the Senior Corps SCP logo.

Mayor's Day seeks to recognize the impact of national service in Kansas City by groups such as AmeriCorps and Senior Corps.

**Geneva Coleman and Lugene Robinson had a great time at the St. Pat's Senior Ball on Thursday, March 10th at historic Drexel Hall in Midtown KC.**



*Do you know someone who would make a great Senior Companion?*

*Why not refer a friend or relative — someone just as compassionate and caring as YOU are ?*