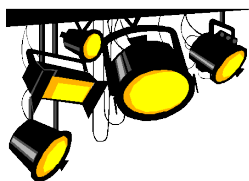


March 2016

Shirley Jefferson	3/2
Diana Ray	3/3
Nancy Cobb	3/16
Iola Williams	3/29
Jimmie McDowell	3/29
Betty Barnett	3/30
Delaina Purdy	3/31



The NEWSLETTER for **SENIOR COMPANIONS**



There are only four kinds of people in the world. Those who have been caregivers, those who are currently caregivers, those who will be caregivers, and those who will need caregivers. Rosalynn Carter.

Christina Lynn is this kind of people.

Christina grew up in Overland Park, KS where she attended school and later graduated from Park College. She then went to work for Sprint, SW Bell and then AT&T. She married and raised three children. After retiring she heard about the Senior Companion Program from a neighbor and made the call.

We recently received this letter:

"I would like to take this opportunity on behalf of myself and my wife to write this letter of commendation for Ms. Christina Lynn and your organization.

Until March 2014, my wife, her two sons and I lived in Raytown, Mo. Through a series of unfortunate events we had to sell our house. This split our family apart. My wife and I moved into an apartment, and her two sons went on their way. My wife has a number of health issues including Lupus, severe nerve damage to her feet and legs resulting from a vehicle accident, severe depression and anxiety and early onset dementia. She cannot be left alone due to the possibility of accidents and getting lost. While our family was living together someone was always available to care for my wife. Upon moving into our apartment I was at a total loss as to what to do while I tried to work, run errands and attend appointments.

It took a great deal of effort on my part to find out about the Shepherd's Center

(see page 2)

March 2016



Mail your March timesheets no later than Friday, April 1st Because of the way the April calendar falls, we will have a very short period to process and generate checks for distribution at the April in-service. Timesheets received after Thursday, April 7th will not be processed in time for the in-service. They will be processed and mailed at a later date.

Please keep these SCs in your thoughts and prayers

Rubie Ford

Karen Kroupa

Debra President

Tony Poke

Delaina Purdy



The annual St. Pat's Senior Ball is sponsored by the seven O'Neill brothers and their families and friends in memory of the late Kansas City St. Patrick's Day Parade co-founder and 1993 Grand Marshal, Pat O'Neill Sr., and his saintly wife, Jean O'Neill, who passed away in November of 2014.

LET'S DANCE!

FREE St. Pat's Senior Ball

Thursday, March 10, 1:00 PM—3:00 PM
at historic Drexel Hall

3301 Baltimore Ave. in Midtown Kansas City
with

Live swing orchestra

Free refreshments and door prizes galore

Free parking & parking assistance

(for additional information contact

Redemptorist Senior Center at 816-561-3771)

(continued from front page) and the Senior Companion Program but once I did my troubles were resolved.

Christina Lynn has become part of the family. My wife looks forward to her arrival each Monday through Friday. She not only provides companionship for my wife but keeps her moving. They take long walks with our two dogs, Christina helps with the household chores, reminds my wife to take her medications and helps her through her depression and anxiety.

This allows me to work part time, run necessary errands and attend my own doctor's appointments. I can say in no uncertain terms that Christina has been a lifesaver and how important this program is to us and our community. I also want to note that our family could not financially afford the help that she provides. We greatly appreciate what she does and are great proponents of the mission and work of the Senior Companion Program and the Shepherd's Center.

Our family thanks you again for all of your help and support"

Christina Lynn's work and actions exemplify what the Senior Companion Program is all about and what you all do to keep our clients

with their families and in their homes.

Keep up all of your good works, they don't go unnoticed by the people we serve.

Need Tax Preparation Help?

Get it for Free in Kansas City



For complete listings of tax preparation sites and what to bring with you, pick up a flyer at the SC in-service

OR

Contact United Way 211 (or 816-474-5112)

for more information about eligibility, wait times, temporary locations and weather-related site closures.



The 44th Annual Kansas City

St. Patrick's Day Parade

Thursday, March 17

@ 11:00 AM

**Midtown - Broadway from
Linwood to 43rd Street**